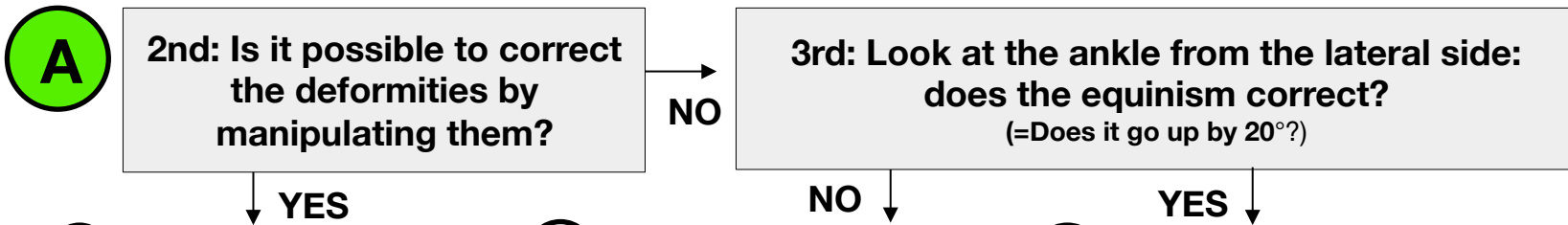
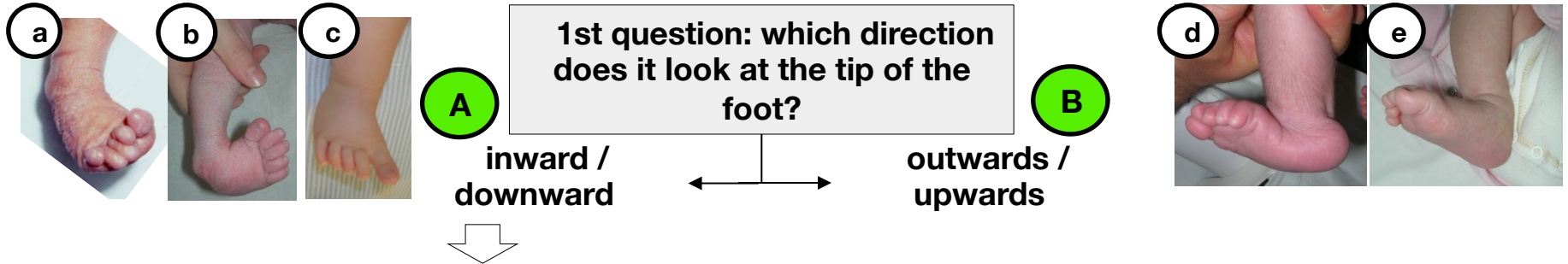


Foot deformities in newborns

Easy rules!!



a **“Postural Clubfoot”**

- ✓ Varus = The heel seen from behind goes inward
- ✓ Equino-varus-adductus

Paediatric Management
Teaches corrective manipulations and stimulation (*)

b **Clubfoot**

- ✓ Equino-varus-adductus
- ✓ Equinus, varus and adduction are not completely reducible

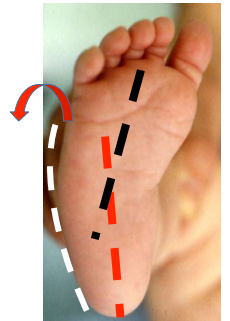
Send to **Paediatric Orthopaedist**
Specialised in the Ponseti Method



c **Metatarsus adductus**

- ✓ The outer border of the foot is convex
- ✓ It does not hypercorrect easily
- ✓ the heel seen from behind can be varus or straight

Paediatric Management (*)
If no improvement after manipulations: send to Paediatric Orthopaedist



(*) Possible physiotherapy support

Foot deformities in newborns

Easy rules!!

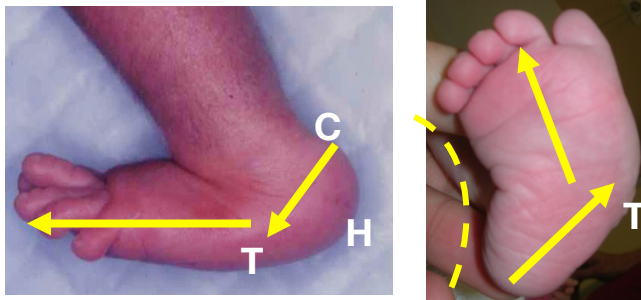
B

outwards / upwards
(plantarflexion is limited)

4th: Is the foot deformed in the middle?

YES

The heel (H) is empty. The calcaneus (C) is higher. The talus (T) protrudes into the inner part of the foot. The outer border is concave.



d **Congenital vertical talus**
«rocker-bottom foot»

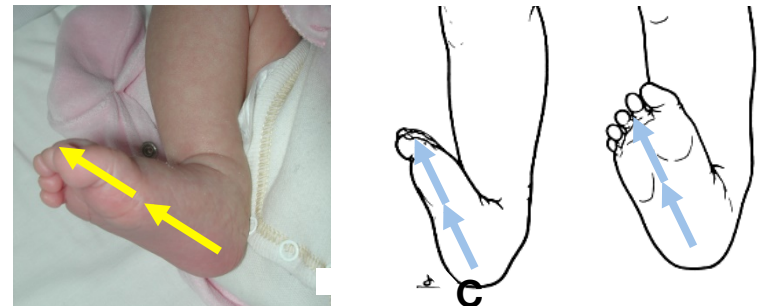
Send to



Paediatric Orthopaedist
Specialised in the Ponseti Method

NO

The foot is well-shaped, but it rotates upwards and outward. The calcaneus (C) is located at the base of the heel. "Talus" means "too much dorsiflexed"



e **Talus-valgus foot**

Paediatric Management (*)
If no improvement after manipulations: send to Paediatric Orthopaedist